

How To Get The Most From Your Group Experience.....

- Arrive on time
- Everyone is expected to show up - make a personal commitment to be here every week
- No one can attend the group high or intoxicated
- No violence or threats of violence
- Honour your obligation to pay your fees (talk with program staff should a flexible schedule of payment need to be made)
- Respect that it is a privilege to be here

Each of you has...

- Come here by choice
- Admitted to using violence in your relationships
- Found that there is a cost to using violence
- Expressed a willingness to change

Expectations to honour...

- We will be open and honest about our use of violence
- We will protect members from abuse
- We will not use any physical violence against our partners
- We will talk in the here and now
- We will talk about what “I do” and what “I feel”
- We respect other people in the group
- We identify with, we do not compare
- We will respect each others confidentiality (Program staff may be required to share information in situations where safety concerns, permission to release information, or court orders are present)

This is your group...if you feel these expectations are not being honoured you have the right to respectfully speak up.